



PRESS RELEASE

pvanskaik@LloydLibrary.org

ecampbell@LloydLibrary.org

(513) 721-3707

FOR IMMEDIATE RELEASE

December 17, 2019

Lloyd Library Events Feed the Body, Mind and Creative Spirit

Keep warm and invigorated this winter with the variety of programs offered by the Lloyd Library. Enjoy discussions and the history of some of our favorite cold weather foods accompanied by tastings. Ignite your creative juices in a writing workshop or delve into the 19th century history of medicine and its impact today.

While at the Lloyd, visit the exhibition *Treasures of the Lloyd*, a celebration of some of the most rare, historically significant and interesting pieces from the Library's collection. The exhibition and all programs are free and open to the public.

Stew on It: Panel Discussion and Tasting

January 30, 6-8 p.m.



Lloyd Library & Museum

Join chefs Julie Frances of Nectar Personal Chef, Kate Zaidan of Dean's Mediterranean Imports and Yasel López of Essen Kitchen, as they share their favorite ingredients and techniques, and stew on the broader impact of food and their work. Sample stews from Essen Kitchen, Mediterranean Imports and Soup Cycle Cincy.

Registration required.

Free and open to the public. Doors open and soup tasting at 6 p.m. Panel discussion starts at 7 p.m.

Finding the Hidden Treasures in Your Words Writing Workshop



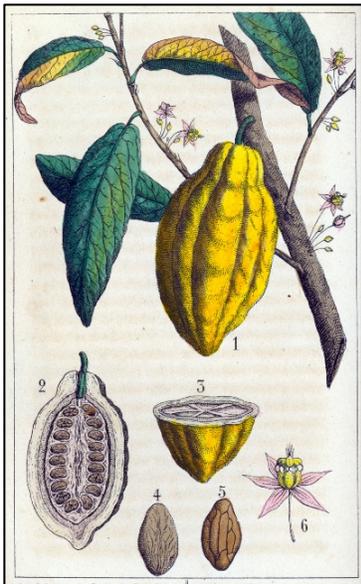
February 1, 10 a.m. to 12:30 a.m.
Lloyd Library & Museum

Teacher and writer, Annette Januzzi Wick, and Lloyd Library & Museum librarians explore the exhibit *Treasures of the Lloyd*, a deep dive into fascinating, rare and historically significant pieces. Participants will draw on these treasures and through guided prompts elicit memories and seek out the stories hidden beneath the words.

Co-sponsored by Women Writing for (a) Change.

Registration required, \$35; www.womenwriting.org or call (513) 272-1171

The Chocolate Passport, 1550-1850: Cacao's Spread Across the Globe



February 7, 6-8 p.m.
Lloyd Library & Museum

From the moment of contact between Europe and Mesoamerica, chocolate has been an integral part of international cuisine. Chocolate expert and Indiana University librarian, K.T. Lowe, discusses the transitional moments between indigenous foodstuff, to European Galenic medicine, to inexpensive drink accessible to many throughout Europe and the United States. Come learn why the Vatican deemed chocolate fit to consume during fasts, how chocolate came to be associated with both "hot" and "cold" humours and, ultimately, how inventor Conraed Van Houten helped democratize chocolate for all time.

Registration required. Free and open to the public. Doors open with refreshments at 6 p.m. Lecture begins at 7 p.m.

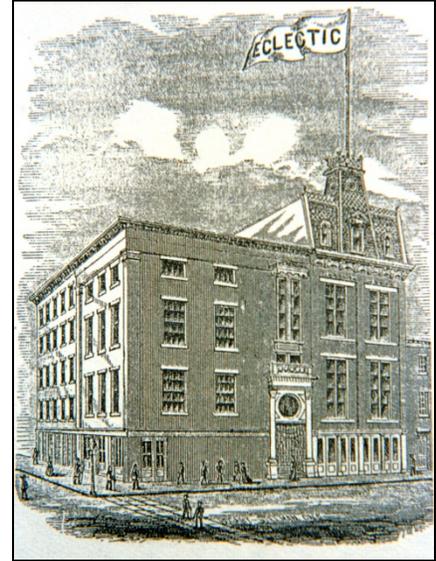
In Defense of Eclecticism

February 12, 7-8 p.m.

Lloyd Library & Museum

2019 Lloyd Fellow, Dr. Amy Welling Gregg, examines the development of nineteenth century American medicine and pharmacy. Following the Civil War, as medical fields became professionalized, Eclectic medicine, which was patient-driven and nature-based, came under attack by the emerging field of medicine, Allopathy. Determined to pursue a scientific approach, this new medicine focused on disease, and practiced vivisection despite social, cultural and ethical concerns. Dr. Gregg probes the debate between the two sides, the implicit biases that influenced the process of medical professionalism, and the resulting impact on medical training and treatments available today.

Free and open to the public. **Registration required.** Doors open at 6:30.



The Lloyd Library and Museum is free and open to the public. Located at 917 Plum Street in Cincinnati, Ohio. For more information or to schedule group tours, contact the Library at (513) 721-3707, email contact@lloydlibrary.org, or visit www.lloydlibrary.org.

